



Ministry Description

Rite-13 Leader

In Rite-13, responsibility for the group's direction and activities falls to the leaders. Using the Journey to Adulthood materials, leaders plan lessons and activities designed to help 11 to 14 year olds explore their identities and name their gifts, in the context of building a Christian community of their peers.

Rite-13 Leaders are adults (over age 21) who are regular participants in the life and worship of Trinity who are *not related to youth in the Rite-13 group*. This ministry position is part of a gender-balanced team which should include at least two adults (over age 21) from the congregation, as well as college/seminary intern(s).

This ministry involves

- **Spending time with young people**
 - Listening—being easily amused but not easily shocked
 - Being willing to learn
 - Being willing to explore spirituality
 - Having curiosity and a sense of fun
- **Community building**
 - Establishing and expressing guidelines for confidentiality within the group
- **Being a role model**
 - Model male-female friendship
 - Sharing stories about yourself, your spiritual wanderings, and your own journey toward adulthood
- **Teamwork with other Rite-13 leaders and interns**
- **Self-care**
 - Work to your strengths!
 - Healthy boundaries – you are their leader, not their friend
 - Attendance to your own spiritual well-being
 - Participate in the worship and life of the congregation
 - Ask for help and support when needed

This ministry does *not* require

Expert knowledge about Christianity, the Church, the Book of Common Prayer, child development, or anything else

This ministry is supported by

- **Safe Church training**
- **Journey to Adulthood program training**
- **Teamwork – A team of Rite-13 leaders and interns:**
 - **ministering, praying and planning together**
 - **respecting and celebrating one another's gifts**
 - **meeting regularly with clergy for support**
- **Clergy – available for liturgy planning, pastoral needs and consultation**
- **Parents – facilitating youth participation, praying**
- **The entire Congregation – through prayer and financial support of the program**
- **Term limits – after you engage in this ministry for two years, you must do something else for two years**

Responsible to

Curate or other clergyperson having direct pastoral oversight of youth programs

Time Commitment

- **Two program years (Sept-June)**
- **Approximately 200 contact hours per program year, including most Sundays, some evening and weekend events**
- **Preparation time for group meetings**
- **Support time with other leaders and clergy**